

MAGGIANO'S

LITTLE ITALY

Nutrition Data Effective: February 25th 2020

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Nutrition is Listed As Served, Unless Otherwise Noted

Dishes denoted with a 'LT' indicates lighter take preparation

Dishes denoted with a 'L' indicate a smaller portion is served at lunchtime.

Dishes denoted with asterisks ** are only available at select locations

<i>Appetizers - Bruschetta (1 piece)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Candied Smoked Bacon	200	130	15	7	0	35	310	13	0	7	5
Spiced Shrimp & Corn Fondue	170	90	10	4	0	50	380	14	1	3	6
Classic Tomato Relish	80	45	5	1.5	0	5	150	7	1	2	2
Bruschetta Trio (6 pc)	890	520	60	25	1	180	1690	67	3	24	26
Half Bruschetta Trio (3 pc)	450	260	30	12	0.5	90	840	34	2	12	13
<i>Starters</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Classic Tomato Bruschetta	480	270	32	9	0	25	930	41	3	10	10
Calamari Fritte	700	420	47	8	0	395	1960	44	4	7	29
Ciabatta Table Rolls (1 each)	70	0	0	0	0	0	150	14	1	1	2
Crispy Pepperoni Risotto Bites	780	440	49	20	1	175	2200	56	4	8	30
Crispy Zucchini Fritte	1740	1200	133	24	1.5	55	2500	115	7	15	22
Flatbread Chicken & Roasted Pepper	730	300	34	17	0.5	125	1220	65	5	12	42
Flatbread Italian Sausage	860	450	50	21	1	115	2140	62	6	8	41
Flatbread Margherita	670	310	34	15	1	70	1610	60	6	7	31
Mozzarella Marinara	1480	860	96	44	2	400	3720	79	7	14	78
Sausage & Peppers	1040	780	88	33	0	195	2780	17	1	7	47
Spinach & Artichoke Al Forno	1180	730	83	45	2.5	215	2410	71	9	12	46
Steamed Mussels -Diavolo Style	680	370	42	16	0.5	120	2320	40	4	2	39
Steamed Mussels -Tuscan Style	750	360	42	16	0	115	1950	54	7	8	42

<i>Starters</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Stuffed Mushrooms	610	470	53	21	0	55	1320	30	4	5	9
Tomato Caprese	380	280	32	11	0.5	60	1300	12	2	7	17
<i>Salads</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Add Chicken to any Salad	160	50	6	1	0	85	240	1	0	1	26
Add Salmon to any Salad	250	140	15	2	0	60	370	0	1	0	28
Add Shrimp to any Salad	90	25	3	0	0	145	620	0	0	0	16
Caesar Salad - Combo	590	480	53	10	1	50	830	16	5	4	14
Caesar Salad - Entrée	810	640	72	14	1.5	70	1160	23	7	6	20
Caesar Salad - Side	370	310	34	6	0.5	35	500	8	2	2	8
Chopped Salad - Combo	880	720	81	11	1	35	1490	29	11	16	16
Chopped Salad - Entrée	1250	1030	114	18	1.5	60	2290	39	12	23	24
Chopped Salad - Side	480	390	43	6	0.5	20	870	15	5	8	9
Grilled Chicken Caprese Salad	810	520	60	12	0.5	130	1400	31	6	16	41
Grilled Salmon Salad	740	400	45	9	0	80	1840	48	8	31	40
Italian Tossed Salad - Combo	480	370	42	6	0.5	10	1210	20	5	7	8
Italian Tossed Salad - Entrée	700	550	62	8	1	15	1760	29	7	10	11
Italian Tossed Salad - Side	140	110	12	2	0	5	380	6	1	2	3
Maggiano's Salad - Combo	660	530	59	11	1	45	1460	19	4	12	15
Maggiano's Salad - Entrée	940	750	83	17	1.5	75	2170	25	6	16	24
Maggiano's Salad - Side	430	350	39	7	0.5	30	930	11	2	7	9
Spinach Salad - Combo	600	470	54	11	0	30	1080	23	6	8	13
Spinach Salad - Entrée	820	640	73	14	0.5	40	1520	34	10	12	18
Spinach Salad - Side	400	310	36	7	0	20	680	14	3	6	8
<i>Chefs Featured Soups</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Clam Chowder New England Bowl	220	150	18	11	0	65	600	16	1	3	4
Clam Chowder New England Cup	110	80	9	5	0	30	300	8	0	1	2
Clam Chowder Manhattan Bowl	130	40	4.5	1.5	0	15	1120	14	2	4	9
Clam Chowder Manhattan Cup	70	20	2.5	0.5	0	10	560	7	1	2	5
Creamy Chicken & Potato Bowl	350	210	25	10	0	75	2340	28	2	4	9
Creamy Chicken & Potato Cup	170	110	12	5	0	35	1170	14	1	2	4

<i>Chefs Featured Soups</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Italian Wedding Bowl	390	190	21	7	0.5	80	1530	34	4	5	18
Italian Wedding Cup	200	90	10	3.5	0	40	770	17	2	3	9
Minestrone Bowl	190	90	10	6	0	25	1310	16	2	5	8
Minestrone Cup	90	45	5	3	0	10	650	8	1	2	4
Tuscan Chicken Sausage Soup Bowl	200	80	9	2	0	40	1170	18	2	3	12
Tuscan Chicken Sausage Soup Cup	100	40	4.5	1	0	20	590	9	1	1	6
<i>Classic Pasta</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Fettuccine Alfredo	1430	690	79	40	1.5	215	4310	133	9	13	57
Four-Cheese Ravioli	1050	610	69	36	1.5	245	2070	66	4	10	48
Mom's Lasagna	1040	590	66	33	2	235	3370	55	4	21	61
Spaghetti & Meatball w/Marinara	1160	400	45	12	1	130	2980	147	9	22	47
Spaghetti & Meatball w/Meat Sauce	1250	420	47	14	1.5	175	3310	148	11	22	61
Spaghetti w/Marinara	840	230	26	2.5	0	0	2220	133	8	21	23
Spaghetti w/Meat Sauce	930	250	28	5	1	45	2540	134	10	22	37
Taylor Street Baked Ziti	1400	670	76	27	1	145	3980	128	9	16	55
Substitute GF Penne Pasta	570	110	13	0.5	0	0	690	105	1	1	8
Substitute Whole Wheat Penne Pasta	690	150	16	1	0	0	830	114	15	3	23
<i>Specialty Pastas</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken & Spinach Manicotti	1020	570	64	36	1.5	380	2110	41	3	11	77
Eggplant Parmesan	980	390	45	9	0	80	3130	120	13	22	29
Gnocchi & Italian Sausage	1540	810	90	41	1.5	265	5180	101	9	6	66
Mediterranean Spaghetti	860	240	27	2	0	0	3050	135	10	16	24
Mushroom Ravioli al Forno	780	400	46	27	0.5	180	2400	69	5	13	30
Orecchiette Chicken Pesto	1560	740	84	22	1	200	2660	130	10	20	78
Our Famous Rigatoni "D"	1610	820	92	45	2.5	350	2550	127	7	19	71
Rigatoni Arrabbiata w/Chicken	1250	580	65	19	1	170	2150	119	8	13	54
Rigatoni Arrabbiata w/Sausage	1460	800	89	30	1	160	2890	122	7	15	47
<i>Chicken</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken Francese	1030	520	59	24	1	350	1700	57	7	6	74
Chicken Francese (LT)	790	330	37	14	0.5	325	1240	48	4	4	71

<i>Chicken</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken Marsala	1170	580	67	29	1.5	280	1890	74	5	12	67
Chicken Marsala (LT)	690	230	26	11	0.5	220	990	49	4	9	60
Chicken Parmesan	1290	520	59	13	0	205	3070	116	11	22	80
Chicken Parmesan (LT)	690	220	25	8	0	235	1330	47	6	6	70
Chicken Piccata	1180	620	71	27	1	245	2350	75	7	5	70
Chicken Piccata (LT)	650	220	25	9	0	185	1330	49	6	2	63
<i>Seafood</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chef KB's Lobster Carbonara	1590	800	91	41	1.5	860	3910	137	8	15	64
Salmon Lemon & Herb	800	580	66	24	1	185	1400	9	3	2	47
Jumbo Lump Crab Cakes	1150	920	102	17	1	230	2620	28	4	10	32
Jumbo Lump Crab Cakes (L)	790	620	69	11	0.5	155	1790	20	4	8	22
Linguine & Clams w/Red Sauce	1480	590	68	17	1	175	2740	137	7	6	74
Linguine & Clams w/White Sauce	1600	750	88	24	1.5	200	2170	130	5	6	73
Linguine di Mare	1350	380	43	10	0	620	3760	135	7	6	102
Alaskan Cod	830	590	66	18	1	145	4820	19	4	6	41
Salmon Oscar	1160	760	86	31	1	320	1730	24	6	8	77
Shrimp Fra Diavolo	820	230	26	9	0	525	3340	77	7	3	72
Shrimp Fra Diavolo (LT)	410	120	13	4.5	0	265	1670	38	4	1	36
Shrimp Scampi	1270	660	76	23	1	545	3660	85	6	11	72
Shrimp Scampi (L)	920	480	55	16	1	290	2190	72	5	8	43
Tuscan Shrimp & Chicken	1860	880	100	45	2	615	4690	128	8	16	121
Twin Cold Water Lobster Tails **	970	780	88	51	3	535	740	3	1	1	44
<i>Steak & Veal</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Beef Tenderloin Medallions	920	500	58	30	1.5	245	1980	49	4	10	60
New York Strip	1120	590	67	31	2	290	3570	47	5	5	84
Center-Cut Filet Mignon	850	420	47	17	1	165	2100	50	8	6	61
Filet Mignon & Asparagus Risotto	1040	630	73	29	1.5	160	2420	55	5	6	44
Make it Al Forno Style	520	390	44	26	1.5	120	1310	17	1	10	17
Make it Contadina Style	630	400	45	17	0	105	2340	28	6	13	30
Make it Oscar Style	530	350	40	22	1	190	1040	15	4	7	28

<i>Steak & Veal</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Prime Ribeye	1870	1330	149	67	5	245	1850	65	8	21	70
Surf & Turf **	1120	800	92	49	1	490	1730	11	1	4	71
Veal Marsala	1200	580	66	29	1.5	355	1950	75	7	12	73
Veal Marsala (LT)	720	230	26	11	0.5	295	1050	50	6	9	65
Veal Parmesan	1690	700	79	19	1	415	4990	153	14	32	98
Veal Piccata	1200	580	66	24	1	340	2430	86	5	6	73
Veal Piccata (LT)	670	180	20	7	0	285	1410	60	4	3	66
Veal Porterhouse **	1570	960	111	30	0.5	310	2880	60	9	7	97
<i>Sides</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Crispy Vesuvio Potatoes	360	160	18	6	0	20	440	40	5	2	9
Fresh Grilled Asparagus	70	40	4.5	1.5	0	5	330	5	2	1	5
Garlic Mashed Potatoes	520	300	35	21	0.5	100	1010	48	3	4	9
Garlic Spinach	90	60	7	2.5	0	10	340	7	3	1	4
Roasted Garlic Broccoli	200	130	15	2	0	0	380	17	0	3	5
Spaghetti Aglio Olio	550	270	31	10	0.5	35	960	57	3	3	14
Spaghetti Marinara	430	120	14	1.5	0	0	1190	68	4	12	12
<i>Sandwiches</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken Parmesan - Full	1290	610	68	16	0.5	135	2380	118	11	6	55
Chicken Parmesan - Half	830	380	43	11	0	75	1660	79	8	4	32
Honey Mustard Salmon Club - Full	1620	910	102	22	0.5	120	2680	114	14	15	65
Honey Mustard Salmon Club - Half	990	540	60	14	0	70	1810	78	9	9	37
Italian Grilled Cheese & Ham - Full	1370	740	83	35	1.5	170	2810	103	9	6	57
Italian Grilled Cheese & Ham - Half	870	450	50	20	1	95	1870	72	7	4	33
Meatball - Full	1990	1090	122	49	3	380	4100	129	12	7	97
Meatball - Half	1180	630	70	27	1.5	200	2520	85	9	5	53
<i>Desserts</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Apple Crostada	1180	550	62	38	1.5	190	400	151	7	93	10
Apple Crostada (mini)	350	170	19	12	0.5	60	110	44	2	28	3
Chocolate Zuccotto Cake	1810	1030	115	61	1	365	840	177	13	120	21
Crème Brulee	730	440	51	27	0	520	80	69	1	62	9

<i>Desserts</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Crème Brulee (mini)	240	150	18	10	0	185	30	19	0	17	3
Double Chocolate Brownie	970	460	51	30	1	210	250	128	9	100	13
Gigi's Butter Cake	1180	560	64	38	2	270	320	149	2	107	11
Gigi's Butter Cake (mini)	380	180	21	12	0.5	85	100	49	1	35	3
Kid's Ice Cream	130	70	7	4.5	0	30	40	15	0	13	2
Kid's Ice Cream w/Caramel	300	170	19	12	0	65	45	33	0	28	2
Kid's Ice Cream w/Fudge	280	170	19	12	0	60	110	29	1	24	2
Kid's Ice Cream w/Strawberries	160	70	7	4.5	0	30	40	23	1	20	2
NY Style Cheesecake	1020	620	70	41	1.5	290	650	90	3	64	15
NY Style Cheesecake (mini)	370	220	25	14	0.5	100	230	32	1	23	5
Spumoni	490	220	25	16	1	85	125	60	1	45	7
Tiramisu	830	440	50	30	1	235	85	74	2	47	10
Tiramisu (mini)	420	220	25	15	0	110	25	37	1	24	5
Vanilla Bean Ice Cream	390	200	22	14	0	85	125	45	0	38	6
Vera's Lemon Cookies (6 pc)	380	110	12	6	0	45	350	64	1	35	6
Vera's Lemon Cookies (3 pc) <i>Kids</i>	190	50	6	3	0	20	180	32	1	18	3
Zuccotto Bites (12 pc)	1260	560	62	37	1	120	660	172	5	130	12
Zuccotto Bites (3 pc)	320	140	16	9	0	30	160	43	1	33	3
<i>Kids</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Breaded Chicken	720	380	43	18	0.5	160	1880	52	7	8	37
Cheese Flatbread	610	270	30	15	1	70	1150	56	5	5	30
Cheese Ravioli	430	200	23	10	0.5	85	1150	39	3	9	21
Giant Meatball Spaghetti	750	290	33	11	1	130	1950	82	6	12	35
Grilled Chicken	450	230	27	15	0.5	140	1130	28	4	3	30
Lasagna with Marinara	950	530	59	29	1.5	210	3130	54	4	20	55
Lasagna with Meat Sauce	1010	540	60	30	2	240	3350	54	5	20	64
Mac 'N Cheese a la Maggiano's	770	360	41	21	1	105	1510	71	3	7	32
Ziti Pasta w/Alfredo	590	240	28	12	0	65	910	71	3	7	18
Ziti Pasta w/Butter	590	300	33	17	1	70	440	62	3	3	11
Ziti w/Marinara	450	110	13	1.5	0	0	1070	72	4	10	13

<i>Kids</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Ziti w/Meat Sauce	490	120	14	2	0	20	1220	72	5	10	19
<i>Brunch</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Benedict - Crab Cake	1470	960	110	46	0	775	2530	79	8	7	47
Benedict - Smoked Ham	1270	780	90	44	0	720	2390	72	7	8	48
Benedict - Smoked Salmon & Spinach	1250	830	96	43	0	660	2100	69	8	4	35
Benedict - The Meatball	1530	960	110	51	1	785	3730	88	10	9	53
Chicken & Waffles	1060	460	53	17	0	245	2870	116	4	30	37
Crème Brulee French Toast - Excludes Choice of Side	780	150	17	9	0.5	165	420	146	6	60	11
Frittata - Italian Sausage	1370	930	104	30	1.5	820	1960	47	6	4	61
Frittata - Vegetable	1010	660	73	19	1	730	900	45	7	4	41
Italian American Breakfast - Excludes Choice of 3 Eggs	1300	710	79	25	0	200	3500	80	7	12	67
Kids Bacon & Eggs - Excludes Choice of 2 Eggs	340	190	21	7	0	30	510	25	4	4	13
Kids Buttermilk cakes	1010	430	48	12	1	65	500	138	2	46	8
Pancakes Buttermilk	1370	600	69	37	1	220	990	182	2	57	15
Pancakes Lemon Ricotta	1230	560	65	38	0	310	790	156	2	61	17
<i>Brunch Sides</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Crispy Vesuvio Potatoes	360	160	18	6	0	20	440	40	5	2	9
Egg Over-Easy (2)	270	210	25	12	0	415	600	1	0	1	13
Egg Over-Hard (2)	270	210	25	12	0	415	600	1	0	1	13
Egg Poached (2)	140	90	9	3	0	370	300	1	0	0	13
Egg Scrambled (2)	270	210	25	12	0	415	600	1	0	1	13
Egg Sunny Side-Up (2)	270	210	25	12	0	415	600	1	0	1	13
Italian Sausage	300	230	25	10	0	60	810	4	0	1	15
Bacon	280	210	24	9	0	35	570	2	0	1	16
Smoked Ham	270	110	12	4.5	0	100	1660	8	0	7	31

<i>Family Style Starters (Serves 4)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Caesar	810	640	72	14	1.5	70	1160	23	7	6	20
Chopped Salad	1250	1030	114	18	1.5	60	2290	39	12	23	24
Italian Tossed Salad	700	550	62	8	1	15	1760	29	7	10	11
Maggianno's Salad	940	750	83	17	1.5	75	2170	25	6	16	24
Calamari Fritte	700	420	47	8	0	395	1960	44	4	7	29
Crispy Pepperoni Risotto Bites	780	440	49	20	1	175	2200	56	4	8	30
Crispy Zucchini Fritte	1740	1200	133	24	1.5	55	2500	115	7	15	22
Mozzarella Marinara	2220	1290	144	66	3	605	5580	119	11	21	117
Sausage & Peppers	1040	780	88	33	0	195	2780	17	1	7	47
Spinach & Artichoke Al Forno	1180	730	83	45	2.5	215	2410	71	9	12	46
Steamed Mussels - Diavolo Style	680	370	42	16	0.5	120	2320	40	4	2	39
Steamed Mussels - Tuscan Style	750	360	42	16	0	115	1950	54	7	8	42
Stuffed Mushrooms	810	630	71	29	0	75	1760	40	5	6	12
<i>Family Style Pastas (Serves 4)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Baked Eggplant Parmesan	1950	790	90	19	0.5	160	6270	239	25	43	59
Chicken & Spinach Manicotti	1360	750	85	47	2	505	2800	54	4	15	102
Fettuccine Alfredo	1430	690	79	40	1.5	215	4310	133	9	13	57
Four-Cheese Ravioli	1190	690	79	41	1.5	280	2360	76	5	12	55
Gnocchi & Italian Sausage	1540	810	90	41	1.5	265	5180	101	9	6	66
Linguine & Clams w/Red Sauce	1630	600	70	17	1	235	3110	142	7	6	95
Linguine & Clams w/White Sauce	1750	770	89	24	1.5	260	2540	135	5	6	93
Mediterranean Spaghetti	860	240	27	2	0	0	3050	135	10	16	24
Mom's Lasagna with Marinara	2080	1180	132	67	3.5	470	6730	110	8	42	122
Mushroom Ravioli al Forno	890	460	53	31	0.5	205	2740	79	6	15	35
Orecchiette Chicken Pesto	1560	740	84	22	1	200	2660	130	10	20	78
Our Famous Rigatoni "D"	1430	690	79	40	1.5	215	4310	133	9	13	57
Rigatoni Arrabbiata w/Chicken	1250	580	65	19	1	170	2150	119	8	13	54
Rigatoni Arrabbiata w/Sausage	1460	800	89	30	1	160	2890	122	7	15	47
Shrimp Fra Diavolo	410	120	13	4.5	0	265	1670	38	4	1	36
Shrimp Scampi	1270	660	76	23	1	545	3660	85	6	11	72

<i>Family Style Pastas (Serves 4)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Spaghetti & Meatball w/Marinara	1160	400	45	12	1	130	2980	147	9	22	47
Spaghetti & Meatball w/Meat Sauce	1250	420	47	14	1.5	175	3310	148	11	22	61
Spaghetti w/Marinara	840	230	26	2.5	0	0	2220	133	8	21	23
Spaghetti w/Meat Sauce	930	250	28	5	1	45	2540	134	10	22	37
Taylor Street Baked Ziti	1400	670	76	27	1	145	3980	128	9	16	55
Tuscan Shrimp & Chicken	1860	880	100	45	2	615	4690	128	8	16	121
<i>Family Style Signature Cuts (Serves 4)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken Marsala	1240	620	70	37	2	490	1860	34	5	16	107
Chicken Marsala (LT)	1010	390	44	21	1	420	1860	34	5	16	106
Chicken Parmesan	1720	810	91	23	0.5	410	3770	97	13	21	135
Chicken Parmesan (LT)	1000	370	42	15	0	455	2540	32	9	10	128
Chicken Piccata	1060	510	57	25	0.5	390	2640	32	7	3	110
Chicken Piccata (LT)	920	370	41	17	0	360	2480	31	7	3	109
Alaska Cod	830	590	66	18	1	145	4820	19	4	6	41
Grilled Salmon Lemon & Herb	800	580	66	24	1	185	1400	9	3	2	47
Veal Marsala	860	410	47	24	1.5	430	1320	25	6	12	79
Veal Marsala (LT)	700	260	29	14	0.5	385	1310	25	5	12	78
Veal Parmesan	1670	770	86	24	1.5	550	5050	114	12	27	114
Veal Piccata	740	280	32	14	0	390	1910	39	3	3	79
Veal Piccata (LT)	640	190	21	8	0	370	1750	36	2	3	77
<i>Family Style Desserts (Serves 4)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Apple Crostada	1180	550	62	38	1.5	190	400	151	7	93	10
Chocolate Zuccotto Bites	840	370	41	25	0.5	80	440	115	4	87	8
Chocolate Zuccotto Cake	1810	1030	115	61	1	365	840	177	13	120	21
Crème Brulee	730	440	51	27	0	520	80	69	1	62	9
Double Chocolate Brownie	970	460	51	30	1	210	250	128	9	100	13
Gigi's Butter Cake	1180	560	64	38	2	270	320	149	2	107	11
NY Style Cheesecake	1020	620	70	41	1.5	290	650	90	3	64	15
Spumoni	490	220	25	16	1	85	125	60	1	45	7

<i>Family Style Desserts (Serves 4)</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Tiramisu	830	440	50	30	1	235	85	74	2	47	10
Vera's Lemon Cookies	510	140	16	8	0	60	470	85	1	46	8
<i>Beverages - Non-Alcoholic</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Fresh Roasted Lavazza Coffee	5	0	0	0	0	0	5	0	0	0	0
Harvey & Son's Hot Tea	0	0	0	0	0	0	0	0	0	0	0
Iced Tea	5	0	0	0	0	0	10	2	0	0	0
Iced Tea - Peach	130	5	0	0	0	0	35	31	0	30	0
Iced Tea - Raspberry	140	5	0	0	0	0	30	34	0	33	0
Lavazza Cappuccino	45	20	2	1	0	5	35	4	0	3	2
Lavazza Espresso	5	0	0	0	0	0	10	1	0	0	0
Lemonade	170	0	0	0	0	0	25	44	0	43	0
Lemonade Raspberry	200	0	0	0	0	0	30	52	0	51	0
Soda - Barq's Root Beer	170	0	0	0	0	0	75	47	0	47	0
Soda - Coca Cola	150	0	0	0	0	0	45	41	0	41	0
Soda - Coke Zero	0	0	0	0	0	0	40	0	0	0	0
Soda - Diet Coke	0	0	0	0	0	0	40	0	0	0	0
Soda - Dr Pepper	160	0	0	0	0	0	65	41	0	40	0
Soda - Sprite	150	0	0	0	0	0	70	40	0	40	0
Kids Milk Skim	90	0	0	0	0	5	110	13	0	13	9
Kids Milk Whole	160	80	8	5	0	25	110	12	0	12	8
Kids Barq's Root Beer	110	0	0	0	0	0	50	32	0	32	0
Kids Coca Cola	100	0	0	0	0	0	30	28	0	28	0
Kids Diet Coke	0	0	0	0	0	0	30	0	0	0	0
Kids Dr Pepper	110	0	0	0	0	0	45	28	0	27	0
Kids Minute Maid Lemonade	120	0	0	0	0	0	15	31	0	30	0
Kids Sprite	100	0	0	0	0	0	45	27	0	27	0
Kids Juice Pineapple	140	5	0	0	0	0	5	32	1	30	1
Kids Juice Cranberry	150	0	0	0	0	0	5	36	0	32	0
Kids Juice Tomato	50	0	0	0	0	0	720	11	2	7	2
Kids Juice Grapefruit	120	0	0	0	0	0	70	30	0	30	0

<i>Beverages - Non-Alcoholic</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Kids Juice Orange	130	5	0	0	0	0	5	31	1	22	2
<i>Beverages - Cocktails & More</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	#N/A	#N/A
Aperol Spritzer (Glass)	210	0	0	0	0	0	15	23	1	21	0
Aperol Spritzer (Pitcher)	860	0	0	0	0	0	65	89	2	83	1
Bellini - Frozen Peach	230	5	0	0	0	0	30	37	0	36	0
Bellini - Frozen Swirl	190	0	0	0	0	0	20	25	0	24	0
Blackberry Bourbon Sour	260	0	0	0	0	0	0	28	1	24	0
Bloody Mary Bourbon	210	40	4.5	1.5	0	5	1390	14	3	4	3
Bloody Mary Vodka	160	15	1.5	1	0	5	2630	12	3	4	3
Cranberry Mulo Romano	180	0	0	0	0	0	0	13	0	11	0
Italian Peach Rita	210	0	0	0	0	0	10	28	0	26	0
Lorenzo's Long Island	250	0	0	0	0	0	5	23	0	22	0
Moscato Mojito	190	0	0	0	0	0	0	23	0	20	0
Mimosa (Glass)	130	0	0	0	0	0	10	7	0	4	0
Mimosa (Pitcher)	730	0	0	0	0	0	55	52	0	37	1
Citrus Mule	200	0	0	0	0	0	0	18	0	17	0
Negroni	240	0	0	0	0	0	0	10	0	17	0
Old Fashioned	190	0	0	0	0	0	0	7	0	7	0
Perfect G+T	100	0	0	0	0	0	25	18	0	18	0
Pomegranate Martini	240	0	0	0	0	0	0	29	0	28	0
Primo Margarita	200	0	0	0	0	0	960	27	0	25	0
Sangria - Italian Red (Pitcher)	690	0	0	0	0	0	40	91	0	78	0
Sangria - Italian White (Pitcher)	780	0	0	0	0	0	70	97	3	94	1
Sangria - Italian Red (Glass)	230	0	0	0	0	0	15	30	0	26	0
Sangria - Italian White (Glass)	260	0	0	0	0	0	25	32	1	31	0
Sangria - Seasonal (Glass)	260	0	0	0	0	0	5	27	0	25	0
Sangria - Seasonal (Pitcher)	1070	0	0	0	0	0	20	116	2	102	1
Sangria - Sparkling (Glass)	180	0	0	0	0	0	15	26	1	25	0
Sangria - Sparkling (Pitcher)	740	5	0	0	0	0	55	102	3	98	1
Signature Barrel Aged Cocktail	150	0	0	0	0	0	0	8	0	8	0

<i>Beverages - Beer</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Bottle Birra Moretti 12 oz	140	0	0	0	0	0	10	12	0	12	2
Bottle Angry Orchard 12 oz	190	0	0	0	0	0	20	25	0	20	0
Bottle Bud Light 12 oz	110	0	0	0	0	0	0	7	0	0	1
Bottle Coors Light 12 oz	100	0	0	0	0	0	10	5	0	0	0
Bottle Guinness 12 oz	120	0	0	0	0	0	5	8	0	0	1
Bottle Heineken 0.0	70	0	0	0	0	0	5	17	0	4	0
Bottle Miller Lite 12 oz	100	0	0	0	0	0	5	3	0	0	0
Bottle Red Bridge GF 12 oz	130	0	0	0	0	0	0	14	0	0	0
Draft Bud Light 14 oz	130	0	0	0	0	0	0	8	0	0	1
Draft Goose Island IPA 14 oz	250	0	0	0	0	0	0	27	0	0	0
Draft Miller Light 14 oz	110	0	0	0	0	0	0	4	0	0	0
Draft Peroni 14 oz	170	0	0	0	0	0	0	13	0	0	1
Draft Stella Artois 14 oz	180	0	0	0	0	0	0	15	0	0	1
<i>Beverages - Wine</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Dessert wine - Half Bottle	600	0	0	0	0	0	35	51	0	29	1
Dessert Wine - 6 oz	280	0	0	0	0	0	15	24	0	14	0
Red Wine - 6 oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine - 9 oz	220	0	0	0	0	0	10	7	0	2	0
Red Wine - Bottle	630	0	0	0	0	0	30	19	0	5	1
White Wine - 6 oz	140	0	0	0	0	0	10	4	0	2	0
White Wine - 9 oz	210	0	0	0	0	0	15	7	0	2	0
White Wine - Bottle	590	0	0	0	0	0	35	19	0	7	1
<i>Beverages -After Dinner Drinks</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Brandy Alexander	210	30	3	2	0	10	20	14	0	13	1
Chocolate Martini	310	50	6	3.5	0	20	35	19	0	16	1
Irish Cream Coffee	200	110	13	4	0	25	0	12	0	2	2
Nuttii Italian Coffee	110	30	3	0	0	0	0	10	0	5	1
Port (3 oz)	140	0	0	0	0	0	10	12	0	7	0
Sicilian Coffee	120	0	0	0	0	0	0	17	0	17	0
White Russian	210	30	3	2	0	10	20	16	0	16	1

Delivery Menu Party s (PP): small serves approximately 8; large serves approximately 16

<i>PP Starters</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Asiago Crusted Shrimp (12 pc)	590	280	31	7	0	360	1560	32	3	1	46
Classic Tomato Bruschetta - Large	3870	2190	256	71	3.5	210	7430	331	25	80	84
Classic Tomato Bruschetta - Small	1930	1100	128	36	2	105	3710	166	12	40	42
Crispy Pepperoni Risotto Bites (12 pc)	1560	880	98	40	2	355	4400	112	7	17	61
Mini Crab Cakes (12 pc)	1340	960	107	17	0	360	3770	43	7	12	55
Mini Meatballs (12 pc)	830	450	50	21	1.5	285	2630	46	5	12	54
Sausage & Peppers - Large	6210	4710	527	196	2.5	1180	16650	100	5	44	280
Sausage & Peppers - Small	3110	2350	264	98	1.5	590	8330	50	2	22	140
Spinach & Artichoke Al Forno - Large	7100	4400	501	269	14	1305	14450	429	55	74	273
Spinach & Artichoke Al Forno - Small	3550	2200	250	134	7	650	7220	214	28	37	137
Stuffed Mushrooms - Large	3660	2820	320	129	1.5	335	7920	181	22	29	53
Stuffed Mushrooms - Small	1830	1410	160	64	0.5	165	3960	91	11	14	27
Tomato Caprese - Large	2300	1670	189	66	4	360	7810	71	11	40	100
Tomato Caprese - Small	1150	830	95	33	2	180	3900	35	5	20	50
<i>PP Salads</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Caesar Salad - Large	5910	4890	549	95	9	515	7810	143	43	37	128
Caesar Salad - Small	2950	2450	274	48	4.5	255	3910	72	22	19	64
Chopped Salad - Large	7520	6170	686	109	10	370	13770	233	74	139	142
Chopped Salad - Small	3760	3080	343	55	5	185	6880	117	37	69	71
Grilled Chicken Caprese Salad - Large	6670	4790	551	93	5	765	10410	221	36	130	249
Grilled Chicken Caprese Salad - Small	3330	2400	276	46	2.5	385	5200	110	18	65	124
Italian Tossed - Large	5110	4180	469	57	6	100	11600	180	42	65	69
Italian Tossed - Small	2550	2090	234	28	3	50	5800	90	21	32	34
Maggiano's Salad - Large	6800	5590	622	111	11	440	14780	174	36	117	144
Maggiano's Salad - Small	3400	2790	311	55	5	220	7390	87	18	59	72
Spinach Salad - Large	6480	5080	583	126	6	380	12450	239	61	91	146
Spinach Salad - Small	3240	2540	291	63	3	190	6220	120	30	46	73
<i>PP Baked Pastas</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken & Spinach Manicotti - Large	8170	4530	511	285	11	3050	16850	325	27	90	613

<i>PP Baked Pastas</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken & Spinach Manicotti - Small	4090	2260	255	143	6	1525	8420	162	13	45	306
Fettuccine Alfredo - Large	11470	5530	630	317	13	1725	34470	1063	74	100	459
Fettuccine Alfredo - Small	5730	2760	315	159	6	865	17230	532	37	50	230
Four-Cheese Ravioli - Large	6290	3640	414	216	9	1465	12430	398	24	61	289
Four-Cheese Ravioli - Small	3140	1820	207	108	4.5	735	6210	199	12	31	145
Mediterranean Ziti - Large	6360	1840	208	17	1.5	0	23760	983	74	120	174
Mediterranean Ziti - Small	3180	920	104	8	0.5	0	11880	491	37	60	87
Mom's Lasagna - Large	16850	9520	1071	511	28	3520	59480	961	87	408	940
Mom's Lasagna - Small	8420	4760	535	255	14	1760	29740	481	43	204	470
Mushroom Ravioli al Forno - Large	4680	2410	277	162	4	1070	14400	413	29	79	182
Mushroom Ravioli al Forno - Small	2340	1210	139	81	2	535	7200	207	15	39	91
Orecchiette Chicken Pesto - Large	12450	5950	672	173	9	1600	21260	1037	80	159	623
Orecchiette Chicken Pesto - Small	6220	2970	336	87	4.5	800	10630	518	40	79	311
Our Famous Rigatoni "D" - Large	12850	6580	733	364	22	2810	20420	1014	55	156	571
Our Famous Rigatoni "D" - Small	6420	3290	366	182	11	1405	10210	507	27	78	285
Rigatoni Arrabbiata w/Chicken - Large	10040	4600	519	155	6	1350	17170	952	63	106	435
Rigatoni Arrabbiata w/Chicken - Small	5020	2300	259	77	3	675	8580	476	32	53	217
Rigatoni Arrabbiata w/Sausage - Large	11670	6360	714	239	7	1275	23090	978	60	116	375
Rigatoni Arrabbiata w/Sausage - Small	5830	3180	357	120	3.5	640	11550	489	30	58	188
Rigatoni w/ Alfredo Sauce - Large	11840	6130	700	364	13	1990	20580	1004	73	108	470
Rigatoni w/ Alfredo Sauce - Small	5920	3060	350	182	7	995	10290	502	36	54	235
Rigatoni w/ Marinara - Large	6150	1700	196	20	1	0	17070	973	63	167	170
Rigatoni w/ Marinara - Small	3070	850	98	10	0.5	0	8540	486	31	83	85
Rigatoni w/ Meat Sauce - Large	6920	1890	210	38	6	355	19660	980	74	167	280
Rigatoni w/ Meat Sauce - Small	3460	940	105	19	3	180	9830	490	37	84	140
Spaghetti & Meatball w/Marinara - Large	9870	3510	399	100	7	1045	28340	1247	87	225	386
Spaghetti & Meatball w/Marinara - Small	4940	1760	200	50	3.5	520	14170	624	44	112	193
Spaghetti & Meatball w/Meat Sauce - Large	10940	3770	419	124	14	1540	31930	1258	103	226	539

<i>PP Baked Pastas</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Spaghetti & Meatball w/Meat Sauce - Small	5470	1890	209	62	7	770	15970	629	51	113	269
Spaghetti w/Marinara - Large	7290	2130	246	27	1.5	0	22210	1135	78	220	198
Spaghetti w/Marinara - Small	3650	1070	123	13	0.5	0	11110	568	39	110	99
Spaghetti w/Meat Sauce - Large	8360	2390	266	51	8	495	25800	1146	94	221	351
Spaghetti w/Meat Sauce - Small	4180	1200	133	25	4	250	12900	573	47	110	176
Taylor Street Baked Ziti - Large	11160	5400	605	218	7	1180	31810	1022	73	129	441
Taylor Street Baked Ziti - Small	5580	2700	303	109	3.5	590	15900	511	36	64	220
Tuscan Shrimp & Chicken - Large	14900	7080	800	360	15	4930	37520	1022	66	125	966
Tuscan Shrimp & Chicken - Small	7450	3540	400	180	7	2465	18760	511	33	63	483
<i>PP Chicken, Fish, Veal & Steak</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Eggplant Parmesan - Large	9680	4890	558	133	4	1220	42340	968	153	348	293
Eggplant Parmesan - Small	4840	2450	279	67	2	610	21170	484	77	174	146
Beef Medallions - Large	5680	2930	332	149	8	1820	13040	139	14	75	566
Beef Medallions - Small	2840	1460	166	75	4	910	6520	70	7	37	283
Chicken Francese - Large	6100	3260	366	162	7	3000	11360	146	17	35	583
Chicken Francese - Small	3050	1630	183	81	3.5	1500	5680	73	9	18	292
Chicken Francese (LT) - Large	5470	2630	295	123	5	2865	10610	143	17	34	583
Chicken Francese (LT) - Small	2730	1320	148	62	2.5	1435	5300	71	9	17	291
Chicken Marsala - Large	5560	2810	316	165	10	2205	8370	155	23	74	480
Chicken Marsala - Small	2780	1400	158	83	5	1105	4180	77	11	37	240
Chicken Marsala (LT) - Large	4530	1770	199	93	5	1895	8350	155	23	74	478
Chicken Marsala (LT) - Small	2260	890	100	46	2.5	950	4180	77	11	37	239
Chicken Parmesan - Large	8350	3970	448	111	2.5	1855	21430	506	69	141	621
Chicken Parmesan - Small	4180	1980	224	56	1	930	10720	253	34	70	311
Chicken Parmesan (LT) - Large	4870	1800	202	69	2	2045	15950	194	54	47	586
Chicken Parmesan (LT) - Small	2440	900	101	35	1	1020	7970	97	27	23	293
Chicken Piccata - Large	4760	2280	256	115	3	1760	11890	144	30	13	493
Chicken Piccata - Small	2380	1140	128	57	1.5	880	5950	72	15	7	246
Chicken Piccata (LT) - Large	4120	1650	185	76	1.5	1625	11140	141	30	12	492
Chicken Piccata (LT) - Small	2060	830	93	38	0.5	810	5570	71	15	6	246

<i>PP Chicken, Fish, Veal & Steak</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Chicken Saltimbocca - Large	5710	2930	328	152	7	2405	10610	89	10	33	608
Chicken Saltimbocca - Small	2850	1460	164	76	3.5	1200	5300	44	5	16	304
Grilled Salmon Lemon & Herb - Large	6360	4660	527	193	10	1500	11190	68	22	15	375
Grilled Salmon Lemon & Herb - Small	3180	2330	264	97	5	750	5600	34	11	8	188
Veal Marsala - Large	3870	1860	210	110	6	1935	5940	111	25	53	354
Veal Marsala - Small	1930	930	105	55	3	965	2970	56	13	26	177
Veal Marsala (LT) - Large	3180	1170	132	62	3.5	1730	5930	111	25	53	353
Veal Marsala (LT) - Small	1590	590	66	31	1.5	865	2960	55	12	26	177
Veal Parmesan - Large	8140	3810	428	112	6	2475	27280	581	68	169	528
Veal Parmesan - Small	4070	1900	214	56	3	1240	13640	290	34	84	264
Veal Piccata - Large	3350	1290	145	63	2	1755	8600	174	14	15	357
Veal Piccata - Small	1680	640	72	31	1	880	4300	87	7	7	178
Veal Piccata (LT) - Large	2870	860	97	37	1	1665	7910	162	8	13	348
Veal Piccata (LT) - Small	1430	430	48	18	0	830	3960	81	4	6	174
<i>PP Sides</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Crispy Vesuvio Potatoes - Small	2140	960	109	35	1.5	110	2640	242	33	12	53
Fresh Grilled Asparagus - Small	660	370	41	13	1	45	3000	45	20	13	44
Garlic Mashed Potatoes - Small	2490	1460	169	100	3.5	485	4840	233	16	20	43
Garlic Spinach - Small	740	500	58	20	1	65	2720	52	27	9	29
Roasted Garlic Broccoli - Small	1200	760	91	13	0	0	2310	103	0	15	30
<i>PP Desserts & Drinks</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Apple Crostada (mini) (12 pc)	3720	1750	197	122	6	600	1200	474	23	288	25
Cheesecake (mini) (12 pc)	3750	2140	238	135	8	980	2780	342	11	249	62
Chocolate Zuccotto Bites (12 pc)	1260	560	62	37	1	120	660	172	5	130	12
Cookies Chocolate Chunk (12 pc)	2970	1260	140	85	3	355	1860	425	19	254	34
Cookies Cinnamon Sugar (12 pc)	2360	1020	113	58	1	175	2170	316	6	173	21
Cookies Triple Chocolate Fudge (12 pc)	2000	840	93	44	0.5	100	1270	283	9	172	21
Cookies White Chocolate Macadamia Nut (12 pc)	2530	1260	140	73	1	145	1560	294	7	181	26
Crème Brulee (mini) (12 pc)	2870	1860	217	116	2	2220	330	232	0	206	38
Gigi's Butter Cake (mini) (12 pc)	4590	2190	250	148	7	1045	1200	586	11	424	41

<i>PP Desserts & Drinks</i>	Cals	Fat Cal	Fat (g)	Sat Fat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Prot (g)
Tiramisu - Large	12160	6300	712	427	16	3505	850	1073	28	666	155
Tiramisu - Small	6080	3150	356	213	8	1755	430	537	14	333	77
Vera's Lemon Cookies (12 pc)	770	210	24	12	0	90	710	128	2	69	11
Whole Cheesecake	9630	5370	598	354	21	2690	7780	892	29	645	176
Whole Zuccotto Cake	13200	7410	823	430	7	2630	6440	1286	98	856	163
Iced Tea - 1 Gallon	40	0	0	0	0	0	115	11	0	0	0
Iced Tea Peach - 1 Gallon	1320	25	3	0	0	0	360	323	0	313	0
Iced Tea Raspberry - 1 Gallon	1460	25	3	0	0	0	310	358	0	348	0
Lemonade - 1 Gallon	1760	0	0	0	0	0	240	464	0	448	0
Lemonade Raspeberry - 1 Gallon	2130	5	1	0	0	0	300	555	0	539	0
Bottled Water	0	0	0	0	0	0	0	0	0	0	0
Soda Can - Coke	140	0	0	0	0	0	45	39	0	39	0
Soda Can - Diet Coke	0	0	0	0	0	0	40	0	0	0	0
Soda Can - Sprite	140	0	0	0	0	0	65	38	0	38	0

Cals...Calories	Chol...Cholesterol	Mg...milligrams
Fat Cal...Calories from Fat	Sod...Sodium	G...grams
Sat Fat (g)...Saturated Fat	Carbs...Carbohydrates	
Trans...Trans Fat		

The nutritional analysis is comprised of data from an independent testing facility commissioned by Maggiano's, combined with nutrient data from Maggiano's suppliers, the United States Department of Agriculture and nutrient database analysis of Maggiano's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Maggiano's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredient information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Maggiano's products.